Please add the following Abstract:

## ABSTRACT OF THE DISCLOSURE

Device detachably attached to a chair, especially an office chair, providing an ergonomic workstation, comprising at least one pivotal arm unit, the one end of which is attached to the chair, and to the other end of which a work plate having a manageable size for the placement of working tools is pivotally attached. The arm unit and work plate are selectively positionable for a user of the working tools for sitting working position in the chair, and standing working position behind the chair, respectively.

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